Medications at Space Camp

If your child is bringing medication to Space Camp or Aviation Challenge programs, please review the following requirements:

Prescription medications: Only original labeled container from pharmacy required.
**Dosage instructions must be in English, and trainee's name and information must match their registered name.*

All OTC medications brought from home: Original container + signed OTC Authorization form required.

All medications must be turned in to Sick Bay or Infirmary at check-in.

💊 Prescription & Labeling Requirements

All medications—including prescription, over the counter (OTC), emergency inhalers, EpiPens, and supplements—must have a valid prescription or pharmacy label.

*Tips: If original packaging is unavailable (e.g., for inhalers, contraceptive blister packs, or EpiPens), please request a prescription or signed letter from the prescribing provider listing current medications. Alternatively, prescribed medications may be documented on the OTC Medication Authorization form and signed by the provider.

All medications must remain identifiable, including product name and expiration date. A prescription alone does not exempt the requirement for original packaging of medications. This pertains to medications that have product labels but may be missing the box with the prescription label.

🌎 Over-the-Counter Medications

- If bringing OTC medications, please have your child's healthcare provider complete and sign the **"OTC Medication Authorization" form** (located on the last page of the Medical History Form (after you sign, click the Medical History box again, then click link "Download OTC Medications Authorization Form"). Once signed by the healthcare provider, please upload to your child's profile using the Forms box in the Mission Control dashboard under their current registration.
- Sick Bay maintains a supply of common OTC medications, which may be administered for as needed complaints with parental consent via the Medical History Form. ***See page 2**

🩺 Packaging & Language

- Medications must be in **original packaging**. *Pill organizers, zip-lock bags, or unlabeled containers are not permitted.*
- All labels and documentation must be in English.
- Expired medications will not be accepted or administered.

💉 Preparation & Restrictions

- If medication requires splitting, please pre-cut before arrival.
- **The following are not accepted:** non-FDA approved medications, THC-containing products, nut immunotherapy, or any medication deemed unsafe for handling.
- **Sick Bay nurses do not administer injections.** Trainees must be able to self-administer injectable medications. *Exceptions: emergency epinephrine and glucagon may be administered by nursing staff.*

📋 Documentation from Healthcare Providers

Any documentation submitted from a healthcare provider must include:

- Full name and signature
- Medical license number and issuing state (or international equivalent)
- NPI (National Provider Identifier) number

For questions or assistance, contact the Camp Health Department:

📧 camphealth@spacecamp.com

📞 256-721-7163

🩹 As-Needed Medications Available in Sick Bay

We do stock common OTC medications to administer on an **AS-NEEDED** basis (if parent/legal guardian provides authorization on the Medical History form). No additional form is needed for these medications beyond the Medical History Form consent. These medications may include:

- **Pain and fever medications**— may include Tylenol (acetaminophen/ paracetamol) or Advil/Motrin (ibuprofen)
- **Allergy medications**— may include Claritin (loratadine), Zyrtec (cetirizine), or Benadryl (diphenhydramine) for as-needed allergy symptoms*; not for daily maintenance/ prevention.*
- **Stomach and antacid medications** — For upset stomach, heartburn, acid indigestion, or gas: Tums (calcium carbonate), Pepto Kids (calcium carbonate chewable tablets), or Mylanta (aluminum hydroxide, magnesium hydroxide, and simethicone liquid). For diarrhea relief: Imodium (loperamide). For constipation relief: Senna (sennosides) or Milk of Magnesia (magnesium hydroxide)
- **Minor cut and scrape treatment**— may include topical antibiotic ointment (bacitracin, neomycin, and/or polymyxin B), Antiseptic cleanser (Benzalkonium Chloride) and Band-Aids / adhesive bandages for minor cuts or scrapes.
- **Eye drops**— may include lubricating eye drops or allergy eye drops for dry, irritated, or allergy-related eye symptoms.
- **Cold and cough medications**— based on age and symptoms- may include Coricidin Cold & Flu (chlorpheniramine, acetaminophen, dextromethorphan); Mucinex DM (guaifenesin, dextromethorphan); Robitussin (guaifenesin); or Dimetapp (brompheniramine).
- **Sunburn care**— may include aloe vera or burn cream for sunburn relief.
- **Swimmer's ear drops**— may include swimmer's ear drops for ear discomfort after water/ Scuba activities.
- **Anti-itch**— may include Cortizone (hydrocortisone cream) or Calagel (diphenhydramine gel) for itching, rash, bug bites, or stings.

Camp Stock meds are only offered as needed. We cannot schedule daily dosing in advance.
**If your child uses a daily OTC medication such as allergy prevention medication, please send with a signed authorization form.*

🚀 Medical Action Plans

For conditions such as asthma, allergies, or adrenal insufficiency, an action plan is required.
Please submit the appropriate plan at least two weeks prior to camp via:

📠 Fax: 1-256-721-7143 (Attn: Camp Health)

📧 Email: camphealth@spacecamp.com

🌠 For additional information, please visit our FAQ page.
https://www.spacecamp.com/help/faq/weeklong